



Monday, 19 March 2007

Irene Pfeffer of Cross River and Bruce Dixson of Lake Peekskill have been elected to the Board of Directors of the Lexington Center for Recovery (LCR), a not-for-profit agency providing substance abuse treatment services to residents throughout Westchester and Dutchess counties. The announcement was made today by LCR Executive Director Adrienne Marcus, Ph.D.

"Irene and Bruce are highly qualified to bring fresh perspectives to Lexington Center for Recovery," Marcus said. "I am pleased to welcome them to our board."

Irene Pfeffer serves as a substitute teacher in the Bedford and Somers school systems, after having taught full-time for many years in Yorktown Heights. She holds a Bachelor of Arts in Elementary Education with a minor in Art from SUNY Cortland and a Masters Degree plus 60 additional credits in Education from Hunter College.

Pfeffer became involved in Lexington Center for Recovery when her son, Jonathan, died of an accidental drug overdose early last year at the age of 18. "My hope is that my involvement with LCR will help to educate other adolescents and their families about the dangers of substance abuse. If I can help others understand the ramifications of substance abuse and say 'no' to drugs, I will have found my calling," said Pfeffer.

Bruce Dixson, a former client of LCR, is currently senior account manager at Village Office Supply and Furniture in Norwalk, Conn.

"As a graduate of Lexington Center for Recovery, it is my hope and goal to make a difference in the lives of others who are affected by substance abuse. I intend to serve as a mentor to current LCR clients and support them through the rigorous recovery process," Dixson said.

LCR's administrative headquarters is located at 332 East Main Street, Mt. Kisco, NY. Westchester County clinics and programs are located in Mount Kisco, NY; New Rochelle, NY; Yonkers, NY; White Plains, NY; and Peekskill, NY. The agency's Dutchess County clinics are located in Poughkeepsie and Beacon, NY. For additional information, call 914.666.0191 or visit www.lexingtonctr.org.

About LCR: Lexington Center for Recovery is one of the largest providers of alcoholism and substance abuse treatment in the Hudson Valley. It has treated approximately 30,000 people in its 25-year history and has 16 distinct programs throughout Westchester and Dutchess counties. A vital community resource, LCR eliminates barriers to entry and success in an alcohol and substance abuse recovery program by providing support services to clients and their families. Its innovative programs are affordable and aimed at different needs and ages. LCR is licensed by the New York State Office of Alcoholism and Substance Abuse Services.